

Empowered Teams: Using the Enneagram to Lead with Insight

I'm Caroline Banz, an Enneagram coach with years of experience helping leaders and teams unlock their full potential through deeper self-awareness and understanding.

In my **Empowered Teams** program, I help leaders and teams align and improve communication, fostering empathy and collaboration for a more effective and productive work environment.



Program Structure

InnerLifeSkills PDF Tutorial

Each team member will receive a PDF tutorial and complete the first assessment before the workshop, sending them back for review. This enables personalized insights and a more tailored experience.

Enneagram Deep Dive Workshop (3 hours)

A deep dive into the Enneagram system, understanding the 3 Centers and the 9 types.

We'll include breakout activities and discussions, allowing team members to engage with each other and explore their types.

1:1 Follow-Up Sessions (30 minutes per person)

Personalized sessions for each team member to guide them through the typing process.

Integration & Application Workshop (4 hours)

A practical, hands-on workshop where team members focus on a specific theme (e.g., communication, feedback, conflict management) to address current team challenges and foster growth.

Bonus: 3 Calls with the Team Leader

These calls focus on analyzing the leader's specific leadership style from the perspective of the Enneagram.

Together, we will explore how their type influences their leadership, communication, and decision-making processes.

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Pricing 2025

Workshops (Deep Dive & Integration & Application):

CHF 2450

(7 hours total: 3-hour Deep Dive + 4-hour Integration & Application)

1:1 Follow-up Sessions + PDF Tutorial:

CHF 200 per person

(special price, includes PDF tutorial and 30-minute follow-up session)

Bonus: 3 sessions with the leader included

Included:

- E-mail support for leader and team members
- Pre- and post-workshop preparation
- Travel expenses within Switzerland

Additional material costs

(hard copy materials for the communication, feedback, conflict management) are not included.

Available in face-to-face, online, or hybrid format.

Maximum 15 participants

English or German